**LISA open label feasibility trial flow chart**

**Recruit:** 57 women with symptomatic Candida.

Baseline samples & questionnaire

**Recruit:** 57 women with symptomatic BV.

Baseline samples & questionnaire

**Randomise:** 38 to Lactoferrin women with BV

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**Randomise:**

19 to standard

BV antibiotics

**Randomise:**

19 to standard Candida antibiotics treatment

**Main outcome at one week –**

Recording of symptoms using text questionnaire on days 3 and 7 (to inform the design of a future trial) Provision of seven nightly self-taken vaginal samples suitable for analysis of infection status.

**Follow up weeks 2, 3 and 4:**

Twice weekly text questionnaire re symptoms\* and twice weekly repeat vaginal samples

**Follow up week 12 in clinic including exploring recurrence of infection:**

Repeat samples and questionnaires including acceptability of treatment, healthcare use,

 and quality of life

 **Between 11 to 20 weeks Qualitative data collection and analysis**:

1. Interviews: 15 to 20 women from both randomised arms of the study: Lactoferrin pessary and Oral antibiotics/antifungals
2. Interview non-participant women who have refused to take part in the study but are happy to be interviewed to explore their opinions and feelings

\*In this open label study, intervention women using vaginal lactoferrin whose symptoms have not resolved after one or more weeks will be asked if they would like standard antibiotic treatment.